

RENUVION® POST PROCEDURE GUIDELINES

These guidelines may vary based on your individual medical history, the surface area(s) treated and with any combination therapies.

1. Rest for the first 24 hours. Mild daily activity for 2-3 days, then resume your normal activities as tolerated.
2. You may experience mild to moderate swelling, bruising and soreness for 1-2 weeks following your procedure.
3. You may feel excess gas in your tissues (subcutaneous air); this is normal and will subside in 2-3 days. If you have any concerns, contact our office or after hours Dr. Hamilton.
4. Do not apply ice or heat to the surgical area(s).
5. For neck procedures, sleep with the head elevated 30 degrees and keep neck extended using neck or towel roll.
6. Drainage from your incision sites may occur following your procedure. The dressing for the first 24 hours will absorb what is expected, so please contact us if you see seepage from around your dressing.
7. The dressing will be removed the day after surgery and care will be reviewed.
8. Clean your incisions 3 times a day with Hydrogen peroxide on a q-tip. Then apply Bacitracin ointment. We will demonstrate this for you the day after your procedure.
9. If a compression garment was used, you should wear as instructed by your physician. If the garment is not fitting properly, contact your physician.
10. Diet as tolerated. Drink plenty of fluids to stay hydrated.
11. Only engage in massage if instructed to do so by your physician.
12. Avoid direct exposure to sunlight until surgical area is completely healed. Apply sunscreen as directed.
13. Call the office if you notice any signs or symptoms of distress or infection, such as shortness of breath, redness, unusual bleeding, increased pain, marked increase in swelling, skin that is warm/hot to the touch, or a fever above 101° F.

I have read the post-procedure instructions and fully understand what is contained therein.

Signature of Patient

Printed Name

Date

Signature of Witness

Printed Name

Date

Mark M. Hamilton, M.D., FACS

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