

MEDICATION PRECAUTIONS

We cannot list every unsafe item on our precautions list, so be sure to tell us everything you are taking beyond everyday food and beverages. Your procedure may not be safe to perform and your surgery may have to be cancelled if you fail to comply.

ASPIRIN AND ASPIRIN CONTAINING MEDICATIONS include, but are not limited to the following: **DO NOT** take these medications listed for at least 10 days prior to your surgery and 10 days after your surgery.

Alka Seltzer/Plus	Axotal	Equagesic	PAC
Anacin	BAC	Exedrin	Pamprin
APAC Tablets	Bayer Aspirin	Florinal/#3	Percodan/Percodan Demi
APC Tablets	Bufferin	Lortab ASA	Propox Compound
Arthritis Pain Reliever	Butalbital Compound	Magnaprin	Robixisal
Arthropan	Carisprodal Compound	Measurin	Sine Off
Aspirin Tablets USP	Cope	Medipren	Sodium Salicylate
ASA	Darvon Compound/65	Midol	SOMA Compound
ASA + Codeine	Doan's Pills	Momentum	Synalgos
Ascriptin	Ecotrin	Norgesic/Norgesic Forte	Synalgos DC
Asperbuf	Empirin Compound/#3	Orphengesic	Trigesic
Aspergum	Encaprin	Orphengesic Forte	Vanquish

ANTI-INFLAMMATORY MEDICATIONS include, but are not limited to the following: **DO NOT** take for at least 5 days prior to your surgery and 5 days after your surgery.

Advil	Dolobid	Mobic	Phenylbutazone
Aleve	Feldene	Motrin	Relafen
Anaprox	Furadantin	Nalfon	Ruten
Ansaid	Ibuprofen	Naprosyn	Tolectin
Anturane	Ifen	Naproxen	Toradol
Butazoladin	Indocin	Nuprin	Voltaran
Cataflam	Indomethocin	Orudis	Zomax (Zomepirac)
Clinoril	Macrofantin	Ovuvail	
Daypro	Meclomen	Persantin	

BLOOD-THINNING MEDICATIONS to avoid include, but are not limited to the following: **These Medications need to be discussed with your prescribing physician on when to stop and re-start prior to and after your surgery.**

Coumadin	Elmiron-1C	Fragmin	Plavix
Eliquis	Enoxaparin (Lovenox)	Methotrexate	Persantine

DIET MEDICATIONS to avoid include, but are not limited to the following: **DO NOT** take for **2 weeks** prior to your surgery and after your surgery.

Adipex	Jardiance	Ozempic	Steglatro
Invokana	Meridia	Phendimetrazine	Zepbound
Farxiga	Mounjaro	Phentermine	

STOP ALL SUPPLEMENTS, VITAMINS AND HERBAL MEDICATIONS 10 DAYS TO 2 WEEKS PRIOR TO YOUR SURGERY AND AND AFTER YOUR SURGERY.

HERBAL MEDICATIONS include, but are not limited to the following: DO NOT take for at least 10 days to 2 weeks prior to your surgery and after your surgery.

5-Hydroxytryptophan (5-HTP)	Chromium	Ginseng-Asian, Korean (Panax Ginseng)	Phenylalanine
Acai Berry	Cranberry	Ginseng-Siberian	Pyridoxine (Vitamin B6)
Aloe	Cysteine	Glucosamine Sulfate	Royal Jelly
Astragalus	Damiana	Goldenseal	SAM-e
Bee Pollen	Dong Quai	Gotu Kola	S-adenosylmethionine
Bilberry	Echinacea	Grapeseed Extract	Sarsaparilla
Black Cohosh	Ephedra (Ma Hung)	Green Tea	Saw Palmetto
Bovine Colostrum	Evening Primrose Oil	Guarana	Spirulina
Bromelain	Feverfew	Kava Kava	(Blue Green Algae)
Cascara Sagrada	Fish Oils (Omega-3 Fatty Acids)	Lecithin	St. John's Wort
Cat's Claw	Flaxseed Oil	Lovaza	Stinging Nettle
Cayenne	Garlic	Milk Thistle	Valerian
CBD	Ginger	MSM	Vanadium
Chondroitin	Gingko Biloba		Vitamin E

ADDITIONAL MEDICATIONS to avoid include, but are not limited to the following: DO NOT take for 10 days to 2 weeks prior to your surgery and after your surgery.

Accutane (6 month)	Flagyl	Nicobid	Tagamet
Chloratrimeton	Flexoril	Oraflex	Tenuate Dospan
Clinoril	Imitrex	Pamelor	Tetracycline
Elavil	Lioresal	Parnate	Triavil
Endep	Mysteclin F	Ru-Tuss	Vibramycin
Etiafon	Naltrexone	Surmontil	Zomax
Evista (72 hours)			

SODIUM GLUCOSE transporter (SGLT) 2 Inhibitors MUST STOP 4 days prior to surgery:

Bexagliflozan (Brenzavvy)	Dapagliflozin/Metformin (Xigduo XR)	Empagliflozin (Jardiance)	Empagliflozin/Metformin (Synjardy)
Canagliflozin (Invokana)	Elmiron	Empagliflozin/Linagliptin (Glyxambi)	Glucophage
Dapagliflozin (Farxiga)			

ACE INHIBITORS MUST STOP 48 hours prior to surgery:

Benazepril (Lotensin)	Fosinopril	Moexipril	Ramipril (Altrace)
Captopril	Lisinopril	Perindopril (Aceon)	Trandolapril (Mavik)
Enalapril (Vasotec)	(Prinivil, Zestril)	Quinapril (Accupril)	